

SPELLING AND HIGH FREQUENCY WORDS

Hello Parents,

Here are all the spelling and high-frequency words that we have learned so far in first grade. Some of these words are spelled with phonics so that they are easy to stretch out the letter sounds and blend back together. Some of these words are found most frequently in our everyday reading. They need to be memorized by sight so that your child can "See it and read it." Your child should know how to read and spell each of these words and it will be of great benefit to them before going on to second grade. Please practice these words with your children. A fun idea would be to make the words into flash cards and practice reading and spelling. A double set of cards would allow you to play card games such as "Go Fish" or "Memory" with the words.

Thanks for helping your child to practice reading and spelling each of these words.

 First Grade Teachers

Spelling Words – Reach

Grade 1

Unit 1

Week 1

Short a Words:

man
sad
hat
lap

High Frequency Words:

find
has
have
his
mother
too

More Words:

mat
sat
mad
cap
dad
bag

Week 2

Short i Words:

sit
him
sip
in

High Frequency Words:

do
then
what
with
you
your

More Words:

dip
lid
fit
tin
bin
big

Week 3

Short o Words:

on
got
mom
top

High Frequency Words:

get
help
of
put
we
work

More Words:

pot
hot
lot
stop
hop
lob

Week 4

Short e Words:

bed
ten
pet
tell

High Frequency Words:

day
from
good
she
us
very

More Words:

met
zest
get
led
leg
best

Spelling Words – Reach for Reading

Grade 1

Unit 2

Week 1

Words with y, qu, x, k:

quit

box

Word with 's:

dad's

Words with Short u:

mud

High Frequency Words:

for

grow

keep

look

or

when

More Words:

pal's

yes

fun

kid

mix

yum

Week 2

Words with Double Final

fill

pass

luck

sing

High Frequency Words

body

how

out

start

they

use

More Words:

fuzz

off

quack

neck

wing

song

Week 3

Words with l Blends:

flip

plant

black

glass

High Frequency Words:

does

eat

live

no

see

why

More Words:

class

slap

flap

glad

club

plans

Week 4

Words with r Blends:

grass

brag

trim

dress

High Frequency Words

all

are

by

first

more

there

More Words:

drip

trap

trip

Fred

cram

front

Spelling Words – Reach for Read

Grade 1

Unit 3

Week 1

Blends and Triple Blends with s:

stem
scrub

Words with Endings –s, -ing:

eats
growing

High Frequency Words:

go
great
one
saw
want
would

More Words:

spring
spend
needs
spill
buying
smell

Week 2

Final Blends:

lift
stamp
hand
sink

High Frequency Words

give
he
know
said
watch
who

More Words:

tent
lamp
left
ask
melt
fast

Week 3

Words with ch, tch, th:

lunch
pitch
cloth
think

High Frequency Words

around
be
here
need
together
where

More Words:

catch
chop
much
thin
with
batch

Week 4

Words with sh:

shall
dash

Words with wh:

wham
whack

High Frequency Words

come
found
full
next
their
walk

More Words:

fresh
whiff
rush
shop
cash
wish

Spelling Words – Reach f

Grade 1

Unit 4

Week 1

Long a Words:

plane
snake

Contractions:

isn't
that's

High Frequency Words:

because
carry
don't
new
play
sleep

More Words:

cave
lake
late
can't
tame
they're

Week 2

Long I Words:

tide
dive

Endings –ed and –ing:

helped
helping

High Frequency Words

almost
both
kind
over
two
was

More Words:

pile
pushed
time
walked
swimming
dine

Week 3

Long o Words:

hold
nose

Words with Digraph ph:

photo
graph

High Frequency Words:

always
any
each
every
many
never

More Words

bone
hole
hose
phone
cold
rope

Week 4

Long u Words:

use
tube

Long e Words:

tree
these

High Frequency Words:

four
may
only
other
show
some

More Words:

huge
cute
here
rule
me
feet